

Come and Join *The Happiness Hub*

**HAPPINESS
HUB**

Supporting your mental health & wellbeing

Come for a chat,
we'd love to see you!



Treat yourself to a
cuppa or a cake!

The First Tuesday of every month @ The Sun Café

17-19 High Street, Sunninghill, SL5 9NG
We will be there from 10am - 12pm

The Happiness Hub is a collaboration of support services offering mental health and well-being advice to individuals 18 years and over who live in Bracknell Forest and surrounding areas

Scan the QR code for more information

**Make new
friends!**

**No need to
book**

**Come and
go as you
please**

